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Don't you want your mom to get a personal thank you? With love, Nicole Easy gluten free recipes can really come in handy when you're pressed for time and need a quick meal or snack. I've been gluten free for over 25 years and have gathered quite a collection of gluten free recipes from around the world, many of which are really easy. I put some of the most mouth-watering easy recipes together into a FREE eBook, to share them with you and help make your life a little easier. And hopefully more fun too. Sign up for my free monthly e-zine and you will be able to download my free e-book as soon as you confirm your subscription. Just fill in your info below, check your email for the confirmation email, and click the link to confirm it. You will be taken to a page with a download link and instructions for how to download Easy Gluten Free Recipes from Around The World. Your email is totally secure. I will never share it, and I will only use it to send you my monthly e-zine: The Gluten Free Nomad. And don't worry, it's definitely free-I won't be sending you tons of special offers or any kind of spam. Just updates to Gluten-Free-Around-the-World.com. Have Any Comments About the eBook? Let others know how you like (or don't like) the eBook in case they are deciding whether to subscribe. And I would love to know what you think about it so I can improve future books. from Shelly Stuart (The Celiac Nurse, Vancouver, British Columbia, Canada) Awesome book! I love the dedication and layout, and the recipes look great. I think my children may enjoy some for their lunches. Great work, Pat! Welcome to Gluten-Free on a Shoestring! I'm Nicole. I started this blog about halfway through 2009 to chronicle my family's gluten-free life, and to share the gluten free recipes I was developing at home. My son, Jonathan, has celiac disease, but he also has 2 sisters (Bailey and Ava). And they all have friends. And kids and their kid-friends do not grade on a curve. Everything I have made for my gluten-free son since 2005 I have made with 1 goal in mind: It'd better be good. Not "good for gluten-free." Just plain good. Here's how we get it done around here: What To Do First, do some light reading! If you're new to gluten free eating, begin with The Basic Rules of a Gluten Free Diet, to help you understand what is safe to eat, and what isn't. There are links there to all sorts of important, reliable information. Then, read all about the gluten free flour blends I use—most of them all purpose gluten free flour blends. Then, read this post about How & When To Use The Flour Blends, and why they work best in particular types of recipes. And if you're wondering, here's How I Stock My Gluten Free Pantry For Baking. Second, take a look at my Gluten Free Cookbooks. You can also take a look inside each of the books on Amazon, with their "Look Inside" feature. If you're relatively new to gluten free cooking and baking, my first cookbook is my flagship book and a perfect place to start. Third, read through the blog FAQs. If you have general questions, the answers might just be in there! Fourth, so you never miss another new recipe, sign up to receive my Email Newsletter. It's our favorite price (free) and you can easily unsubscribe any time. No hard feelings. Finally, while you wait for the cookbooks to arrive, get started here on the blog. A great place to begin is the Visual Recipe Index, with photos of every single recipe here on the blog, by category. It gives a nice overview. Here are some of the most popular posts and pages on the blog, along with some of my personal favorites: Flour blend recipes If you'd like to bake nearly anything gluten free, you'll need an all purpose gluten free flour blend. No single gluten free flour can do what conventional all purpose flour does. I promise it's really simple. 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